

**GREATER MANCHESTER HEALTH INNOVATION AND EDUCATION
CLUSTER (HIEC)
Mental Health Project**

Project Delivery Plan

Draft 4, 18.11.10

Project Aims (from the original project brief 22.4.10)

1. To support the innovative development and delivery of educational packages which will facilitate the identification and treatment of mild to moderate anxiety and depression in the context of chronic physical disease and disability by health professionals who do not have a background in mental health.
2. To supplement this with the development of a range of innovative resources which will be available across Greater Manchester and which will facilitate self-management of mild to moderate anxiety and depression and provide support for carers of this group of patients.

Some Suggested Project Learning Outcomes

As a project intended to promote innovation in health education, the project might be expected to demonstrate the following results. It is intended that the project will provide learning for the longer term development of programmes across GM through practical delivery in partnership. These are suggestions to guide the project at its outset and may be adapted as it explores wider possibilities and partnerships. The brevity of the project's duration should be borne in mind.

1. Evaluation of the collaboration and potential collaboration, between Greater Manchester authorities and organisations in the establishment and delivery of relevant training programmes. This should include collaboration in delivery to organisations that have a GM wide responsibility.
2. Understanding effective mechanisms for the dissemination of training programmes whilst maintaining their quality.
3. Understanding the requirements for the future sustainability of training programmes.
4. The design of an evaluation methodology to estimate the effectiveness of training programmes. The key measure will be the increase in the ability of GM organisations in receipt of training to be able better to support their clients who have poor mental health. There should be an emphasis here on those organisations that work with people who have long term health conditions. Evaluation should also consider the value of training programmes as a complement to IAPT services.
5. A survey of resources that can be made available to people with poor mental health and their carers which will enhance the supporting role played by organisations in receipt of training.
6. Evaluation of how training resources and training styles are best adapted to the aims of the training programmes.
7. Evaluation of the potential for electronic/web based resources to support the delivery and effectiveness of training programmes.

Delivery Plan

- The project will be developed and delivered between November 2010 and September 2011.

- The project will be supported by employing a 1x wte Senior Public Health Development Advisor in Manchester Public Health Development Service (MPHDS) operational between January and August 2011.
- The project will be managed by Public Health Development Manager in MPHDS.
- The project will be guided by a steering group of key stakeholders.
- The project will focus on the further development of two well evaluated courses ([view courses](#))and their dissemination to Greater Manchester boroughs in order to support consistent responses to mental ill health by front line staff that are not mental health specialists and who are in contact with vulnerable people. The courses are,
 - Interventions for Mental Health in Everyday Practice (IMHEP) which has been developed by University of Manchester in collaboration with NHS Stockport and NHS Manchester. The course has been extensively piloted and is currently delivered in Manchester and Stockport.
 - The Emotional Aspects of Your Consultations developed by NHS Manchester and a Manchester GP to target general practice and primary care staff. This course is linked to IMHEP though application of common approaches and is currently delivered in Manchester.
- The project will also investigate the further development of website based public information to provide support for self management and for carers. It will also support the training programmes (i.e. also providing a resource to professionals). This development may be based on www.mhim.org.uk with a view to the presentation of information relevant to Greater Manchester rather than just Manchester city as at present.

Delivery Plan; Initial Steps

- Establish a project steering group.
- Develop network of communication and liaison in each Greater Manchester borough, building on the GM Public Mental Health Network coordinated by GM Mental Health Network.
- Assess needs (especially those related to working with people with long term conditions) and development/delivery capacity in each GM borough.
- Establish liaison and collaboration where appropriate with Manchester universities that have a stake in the development of mental health training and research into its impact.
- Establish liaison and collaboration with Manchester universities where there is current work on the psychological aspects of long term health conditions.
- Develop practical mechanisms for the dissemination of training programmes, e.g. training for trainers.
- Design programme evaluation.
- Assess long term requirements of a web based public information system, with an emphasis on resources for self management, for mental health for Greater Manchester.

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