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10th May 2010

## **Mental Wellbeing Group**

### **A Strategy for Improving the Mental Health and Well-being of Adults with Long Term Physical Health Conditions in the Community**

The Mental Wellbeing Group provides a lead for improving mental health and wellbeing for Manchester people through partnership between NHS Manchester, the City Council and representation for community and voluntary sector organisations.

The group has recognised the vulnerability to poor mental health for people who have long term physical health conditions and has endorsed the attached discussion paper. This paper seeks the views of people who have long term health conditions, their carers and the professionals who treat and support them. Its aim is to arrive at an agreed strategy for improving mental health and preventing mental ill health for this group of people.

This paper is also available at

[www.mphds.org/mphds/mental-health/mental-health-news.html#longtermconditions](http://www.mphds.org/mphds/mental-health/mental-health-news.html#longtermconditions)

We would be very pleased to hear your views on this and would be grateful if you would send them, by 30<sup>th</sup> July 2010, to;

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