

Workplace Health Policies and Strategies and Stress at Work

Dr Steve Boorman: 'NHS Workforce Health and Wellbeing Review', 2009
www.nhshealthandwellbeing.org/

NICE Guidance on 'Promoting mental wellbeing through productive and healthy working conditions: guidance for employers', November 2009
www.nice.org.uk/nicemedia/live/12331/45893/45893.pdf

NICE Guidance on 'Managing long-term sickness absence and incapacity for work', March 2009
www.nice.org.uk/nicemedia/live/11779/43545/43545.pdf

Dame Carol Black: 'Working for a healthier tomorrow: Review of the health of Britain's working age population' 2008
www.dwp.gov.uk/docs/hwwb-working-for-a-healthier-tomorrow.pdf

Department for Work and Pensions and the Department of Health coordinate Health, Work and Wellbeing – a cross-government initiative that promotes the positive link between health and work – and produced: 'Improving health and work: changing lives – the Government's Response to Dame Carol Black's Review' 2008
www.dwp.gov.uk/docs/hwwb-improving-health-and-work-changing-lives.pdf

NHS North West two year programme of work (started July 2009) within the Workforce Strategy team to lead on health and work in NHS organisations. Three areas: 1) worklessness: through recruitment and employment practices; 2) ensuring NHS staff are best able to remain in good health; 3) maintaining staff's employment through retention and rehabilitation practices.

Centre for Mental Health [*formerly Sainsbury Centre for Mental Health*]: 'Leading by Example: making the NHS an exemplar employer of people with mental health problems', 2006. Combines measures to recruit more people into the NHS who use mental health services with measures to promote the mental wellbeing of all staff already in the organisation.
www.centreformentalhealth.org.uk/publications/leading_by_example.aspx

Department of Health: 'Choosing Health: making healthy choices easier', 2004. Public Health White Paper, set out the role of the NHS as an exemplar employer, widening the workforce and improving working lives for all; taking steps to support good health in a high-quality workforce representative of the population it serves. Progress Report in 2007:
www.dh.gov.uk/prod_consum_dh/groups/dh_digitalassets/@dh/@en/documents/digitalasset/dh_074598.pdf

HSE 'Management Standards for Tackling Work-Related Stress', 2004, define the characteristics, or culture, of an organisation where the risks from work related stress are being effectively managed and controlled. There are six standards, under the headings: demand, control, role, support, relationships, change.
www.hse.gov.uk/stress/standards/index.htm